

# Murrays The Seafood Restaurant

## Dinner Set Menu

**Two Courses £25.50 Three Courses £29.00**

Murrays Fish Soup

Local Crab Pate  
with a Leaf Salad & Ciabatta Melba Toast

Smoked Salmon & Prawns  
with Baby Leaves & Marie Rose Dressing

Salt & Pepper Squid  
with Pesto Mayonnaise

Antipasto Salad  
Air Dried Ham, Chorizo, & Salami Milano  
with Bean Salad, Black Olives & Red Onion

Rocket & Courgette Soup

Red Onion, Parmesan, Rocket & Plum Tomato Salad  
with Balsamic Dressing

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Whole Grilled Sea Bass  
with Fennel Butter

Cod Filet  
with Tiger Prawn & Lobster Sauce

Scottish Salmon Filet  
with Samphire & Lemon Butter

Smoked Haddock Florentine  
Baked on Spinach & Gratinated with Cheddar Cheese

British Rump Steak  
Choice of Garlic Butter, Dijon Mustard, or Au Poivre

Chicken Supreme  
with Roasted Cherry Tomatoes, Goats Cheese & Pesto Sauce

Vegetarian Moussaka  
Tomato & Rocket Salad

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Choice of Today's Desserts or Cheese

## Starters

Smoked Scottish Salmon £8.50  
with Beetroot & Horseradish Chutney

Japanese Prawns £7.50  
Deep Fried with Sweet Chilli Dip

Crab with Avocado £9.50  
White and Brown Crab Meat  
with Avocado & Marie Rose Sauce

Whitebait £7.50  
with Tartare Sauce

Seared Scallop Salad £13.50

## Main Courses

Swordfish Supreme £19.50  
with Ginger, Garlic & Spring Onions

Grilled Dover Sole £32.00

Hake Filet £19.50  
with Samphire & Lemon Butter

Bream Filets £19.50  
with Rocket, Balsamic Dressing & Pesto Sauce

Plaice Filet £19.50  
with Wild Mushroom & Truffle oil sauce

## British Steaks

Sirloin Steak 8oz £24.00

Fillet Steak 8oz £30.00

with a Choice of Sauce  
Garlic Butter, Dijon Mustard, or Au Poivre

## Dessert £6.50

New York Style Vanilla Cheesecake with Strawberry compote *GF*

Crème Brûlée with Shortbread and Raspberry Sorbet

Handmade Chocolate Brownie with  
Isle of Wight Salted Caramel Ice Cream

Lemon Tart with Lemon Sauce

Hand Made Blueberry Meringue  
with Blackcurrant & Clotted Cream Ice Cream

Summer Fruits Sundae with Crème Fraiche

## Cheese £8.50

Cheese & Biscuits  
Cornish Brie, Isle of Wight Blue & Mature Cheddar  
with Radish, Celery & Chutney

Glass of Moscatel Dessert Wine £4.50

Glass of Late Bottled Vintage Port £4.75

Bottle of Late Bottled Vintage Port £39.50

Glass of Tawny Port £4.50

Bottle of Tawny Port £35.00

Filter Coffee £2.50

RNLI Lifesaving Tea,  
Herbal or Fruit Teas £2.50