

Murrays The Seafood Restaurant

Lunch Set Menu

Two Courses £22.50 Three Courses £26.00

Murrays Fish Soup

Local Crab Pate
with a Leaf Salad & Ciabatta Melba Toast

Smoked Salmon & Prawns
with Baby Leaves & Marie Rose Dressing

Salt & Pepper Squid
with Pesto Mayonnaise

Antipasto Salad
Air Dried Ham, Chorizo, & Salami Milano
with Bean Salad, Black Olives & Red Onion

Rocket & Courgette Soup

Red Onion, Parmesan, Rocket, & Plum Tomato Salad
with Balsamic Dressing

Bream Filet
with Rocket, Balsamic Dressing & Pesto Sauce

Cod Filet
with Tiger Prawn & Lobster Sauce

Scottish Salmon Filet
with Samphire & Lemon Butter

Smoked Haddock Florentine
Baked on Spinach & Gratinated with Cheddar Cheese

Chicken Supreme
with Roasted Tomatoes, Goats Cheese & Pesto Sauce

Vegetarian Moussaka
Tomato & Rocket Salad

Choice of Today's Desserts or Cheese

Starters

Smoked Scottish Salmon £8.50
with Beetroot & Horseradish Chutney

Japanese Prawns £7.50
Deep Fried with Sweet Chilli Dip

Crab with Avocado £9.50
White and Brown Crab Meat
with Avocado & Marie Rose Sauce

Whitebait £7.50
with Tartare Sauce

Seared Scallop Salad £13.50

Main Courses

Swordfish Supreme £19.50
with Ginger, Garlic & Spring Onions

Grilled Dover Sole £32.00

Hake Filet £19.50
with Samphire & Lemon Butter

Trout Filet £19.50
With Creamed Spinach

Plaice Filet £19.50
with Wild Mushroom & Truffle Oil Sauce

British Steaks

Sirloin Steak 8 oz £24.00

Fillet Steak 8oz £30.00

with a Choice of Sauce
Garlic Butter, Dijon Mustard, or Au Poivre

Dessert £6.50

New York Style Vanilla Cheesecake with Blackberry Compote *GF*

Crème Brûlée with Shortbread and Raspberry Sorbet

Handmade Chocolate Brownie with
with Isle of Wight Salted Caramel Ice Cream

Lemon Tart with Vanilla Sauce

Hand Made Blueberry Meringue
with
Blackcurrant & Clotted Cream Ice Cream

Summer Fruits Sundae with Crème Fraiche

Cheese £8.50

Cheese & Biscuits
Cornish Brie, Isle of Wight Blue & Mature Cheddar
with Radish, Celery & Chutney

Glass of Moscatel Dessert Wine £ 4.50

Glass of Late Bottled Vintage Port £ 4.75

Bottle of Late Bottled Vintage Port £39.50

Glass of Tawny Port £4.50

Bottle of Tawny Port £35.00

Filter Coffee £2.50

RNLI Lifesaving Tea
Herbal or Fruit Teas £2.50