

Murrays The Seafood Restaurant

Lunch Set Menu

Two Courses £23.50 Three Courses £27.50

Murrays Fish Soup

Local Crab Pate
Ciabatta Melba Toast

Smoked Salmon & Prawns
Baby Leaves & Marie Rose Dressing

Salt & Pepper Squid
Mint & Yoghurt Raita

Antipasto Salad
Air Dried Ham, Chorizo, Spianatta Romana & Salami Milano
Black Olives & Red Onion

Garden Pea, Rocket & Mint Soup

Avocado Caesar Salad

Cod Filet
Prawn & Lobster Sauce

Scottish Salmon Filet
Samphire & Lemon Butter

Coley Filet
Sun Dried Tomato, Caper & Red Onion Sauce

Smoked Haddock Florentine
Baked on Spinach & Gratinated with Cheddar Cheese

Mediterranean Lemon & Garlic Chicken

Aubergine Parmigiana Tortelloni

Choice of Today's Desserts or Cheese

Starters

Smoked Scottish Salmon £9.50
Beetroot & Horseradish Chutney

Japanese Prawns £8.25
Deep Fried with Sweet Chilli Dip

Crab & Avocado Marie Rose £9.50

Whitebait £8.25
With Tartare Sauce

Seared Scallop Salad £14.50

Main Courses

Hake Filet £24.95
Creamed Spinach

Sea Bass Filet £24.95
Spring Onions, Ginger, Garlic & Oyster Sauce

Grilled Dover Sole £34.00

Grilled Whole Sea Bass £27.50

Bream Filet £23.95
Rocket, Pesto & Balsamic Dressing

Plaice Filet £23.95
Roasted Red Pepper, Olives & Tomatoes

Isle of Wight Steaks

Isle of Wight Sirloin Steak 8oz £25.00

Isle of Wight Rib Eye Steak 10oz £30.00

with a Choice of Sauce
Garlic Butter, Dijon Mustard, or Au Poivre

Dessert £6.50

New York Style Vanilla Cheesecake with Black Cherry compote *GF*

Crème Brûlée with Shortbread and Raspberry Sorbet

Chocolate Brownie
Isle of Wight Salted Caramel Ice Cream

Lemon Tart ,Vanilla Ice Cream & Lemon Sauce

Hand Made Blueberry Meringue
Blackcurrant & Clotted Cream Ice Cream

Cheese £8.50

Cheese & Biscuits
Cornish Brie, Isle of Wight Blue & Mature Cheddar
with Radish, Celery & Chutney

Glass of Moscatel Dessert Wine £4.50

Glass of Late Bottled Vintage Port £4.75

Bottle of Late Bottled Vintage Port £39.50

Glass of Tawny Port £4.50

Bottle of Tawny Port £35.00

Filter Coffee £2.50

RNLI Lifesaving Tea,
Herbal or Fruit Teas £2.50